

## Psoriasis

### DESCRIPTION

A usually chronic recurrent skin disease characterized by circumscribed red patches covered by thick, dry silvery adherent scales that are the result of the excessive development of the epithelial cells.

### SIGNS/SYMPTOMS

Psoriasis is marked by the appearance of itchy or painful red raised bumps with silvery, flaking scales which often occur on the scalp, knees, elbows, or buttocks and may appear anywhere on the body. Other symptoms that may accompany this disorder include arthritis of distal small joints and loosened, pitted discolored nails.

### ETIOLOGY

The cause of psoriasis is unknown, yet its recurrence is attributable to genetic factors. The disorder can appear in either sex at any age. It is, however, most often seen in persons of 20-50 years. It is not an infectious disease. Constant scratching and inflammation from overexposure to UV light can lead to the development of more lesions and, unfortunately, most cases are chronic and recurrent. Although complete and permanent remission is rare, most early attacks respond well to treatment. Transformation's clinical experience shows that it commonly occurs with Estros, the body type that has difficulty breaking down fats, and with Supras, the body type that has difficulty breaking down proteins.

### RATIONALE

This condition has been related to lipid disorders (an increase in pancreatic lipase activity) in the epidermis and blood serum. Enzyme therapy ensures proper digestion and absorption of all the components essential to regulate metabolic activity and promote healthy tissue repair. Another factor that has been related to mediating epidermal hyperproliferation in psoriatic patients is that enzymes play an important role in correcting and preventing free radical formation through hydrolyzing oxidized proteins and lipids as well as increasing antioxidant activity.

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## PROTOCOL (for Psoriasis)

### Option I

Product	Dose	Frequency
TPP Digest	2 caps	with every meal or snack
TPP Protease	1 cap	with every meal or snack
EFA 1200mg	1 cap	2-3xday with food
TPP Protease	2 caps	3xday between meals
RepairZyme	2 caps	3xday between meals
TPP Protease IFC	2 caps	3xday between meals
TPP Probiotic	1 cap	at bedtime

### Option II

Product	Dose	Frequency
DigestZyme	3 caps	with every meal or snack
PureZyme	2 caps	with every meal or snack
LypoZyme	2 caps	with every meal or snack
EFA 1200mg	1 cap	2-3xday with food (additional lipase may be needed)
PureZyme	3 caps	3xday between meals
RepairZyme	2 caps	3xday between meals
TPP Protease IFC	2 caps	3xday between meals
Plantadophilus	3 caps	at bedtime

### Support products may be added as needed

Product	Dose	Frequency
TPP Lypo	2 caps	2xday, mid-morning and mid-afternoon
Vitamin C Complex	1 tsp	daily
LypoZyme	3 caps	3xday between meals

\*The above suggestions are intended as a basic guideline. It is always important to address the patient's diet, exercise, and lifestyle on an individual basis and according to body type. Support products may be added as needed based on the patient's condition. Enzyme therapy can and often should be used in conjunction with other therapies.

## REFERENCES

*The Healing Power of Enzymes* by DicQie Fuller, Ph.D.

**\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Transformation's protocols are intended for use by healthcare professionals only. Dosages may vary depending on need, i.e., lower dose for maintenance, higher dose for therapy. See Practitioner's Guide or individual product pages for suggestions.**