



Candidiasis

DESCRIPTION

A fungal infection involving the overgrowth of *Candida albicans*, usually occurring in moist areas of the body such as the mucosal linings of the oral cavity, the respiratory system, or the genitalia.

SIGNS/SYMPTOMS

In the mouth, this may appear as a creamy white coating on the tongue or as sore raised yellow patches on the walls of the mouth. On the skin or genital area, a red itchy rash may appear, accompanied by vaginal discharge and discomfort during urination or intercourse.

ETIOLOGY

The use of antibiotics may kill the "friendly" (i.e., beneficial) bacteria that usually keeps fungus in check. Poor dietary choices include foods containing high levels of sugar or with a high glycemic index. Additionally, the use of birth control pills may also disturb the normal pH of the body, which can exacerbate the condition. Immunosuppressive drugs or any condition of compromised immune function may give rise to an infection.

RATIONALE

The need for proper immune function, pH balance, and the maintenance of beneficial bacteria is the rationale for proper diet and enzyme therapy.

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Disclaimer: Transformation Enzyme Corp. neither diagnoses nor treats disease. Our goal is to make nutritional recommendations that assist individuals to find a healthy balance. If you have specific questions or for technical assistance, please contact us.

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PROTOCOL (for Candidiasis)

Option I		
Product	Dose	Frequency
TPP Digest	1-2 caps	With every meal or snack
TPP Yeast/Fungal Detox	1-2 caps	3xday after meals
TPP Protease	2 caps	4xday between meals
TPP Probiotic	2 caps	At bedtime and in the morning
Option II		
Product	Dose	Frequency
DigestZyme	3-5 caps	With every meal or snack
TPP Yeast/Fungal Detox	1-2 caps	3xday after meals
PureZyme	5 caps	4xday between meals
Plantadophilus	3 caps	At bedtime and in the morning
Support products may be added as needed		
Product	Dose	Frequency
Plantadophilus	As topical paste, mouthwash, or vaginal douche	
TPP Bacterial Detox	1-2 caps	3xday after meals
TPP Immune Complex	1 cap	4xday between meals
TPP Inflammatory Control	1 cap	4xday between meals
GastroZyme	3 caps	At bedtime and in the morning

NUTRITION

*The above suggestions are intended as a basic guideline. It is always important to address the patient's diet, exercise, and lifestyle on an individual basis and according to body type. Support products may be added as needed based on the patient's condition. Enzyme therapy can and often should be used in conjunction with other therapies.

REFERENCES

- "Proteolytic Enzymes - Applications and Benefits"
(Dr. M's Science Notes, volume 3)
- "Probiotics - The Friendly Bacteria"
(Dr. M's Science Notes, volume 5)

*This statement has not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease. These protocols are intended for health care professional use only.